



YOUTH BASKETBALL

Get in the game with the Junior Nuggets



Hoop it up with Commerce City and the Denver Nuggets in 2017! All participants will receive a Denver Nuggets jersey and two free tickets to see a Denver Nuggets game at the Pepsi Center.

Grades K-6. Registration is open 12/5-12/31.

Division I (Coed Clinic) Kindergarten

Introduce children to the basic skills of basketball with this beginner program. Participants focus on dribbling, passing, shooting and defensive fundamentals during this weekly clinic. There are no scheduled league games for this program; it is primarily an instructional program.

Registration Deadline: 12/31

Start Date: Wed 1/20 (6 weeks) \$40/\$48

Division II (Coed League Play) Grades 1-2

Increase skills and ability on the court through instruction and league play. Develop the fundamentals of dribbling, passing and shooting. Participants meet once a week for practice (day/time determined by coach) and games are Saturday mornings at the Commerce City Recreation Center.

Registration Deadline: 12/31

Start Date: Week of 1/9 (8 weeks) \$55/\$66

Division III – Grades 3-4

Division IV – Grades 5-6

(Separate Boys and Girls League)

Enhance basketball skills through practice and games in this exciting, challenging and fast-paced program. Players focus on improving the fundamentals of dribbling, passing and shooting while learning the different strategies of playing defense and running offensive plays. Teams meet twice a week in the evening for practice (day/time determined by coach.) Games are played on Saturday mornings at the Commerce City Recreation Center.

Registration Deadline: 12/31

Start Date: Week of 1/9 (8 weeks) \$65/\$78

Registrations taken after 12/31 will be assessed a \$10 late fee and participation is permitted only if space is available.



Denver Nuggets Skills Challenge

Boys and girls showcase their basketball skills and talents in dribbling, passing, and shooting in this competition. The top scorers from each age group advance to a

sectional competition and the top sectional scorers advance to the state championship at a Denver Nuggets game at the Pepsi Center in March (TBD). For information, call 303-289-3705. Ages 7-14 (as of Dec. 31).

Registration begins 30 minutes prior to start time and ends at start time.

Sat 1/14 10 a.m. Commerce City Recreation Center

Make a difference and coach youth sports



The Commerce City Parks, Recreation and Golf department relies on volunteers to coach youth sports. All it takes to be a successful coach in the program is a willingness and desire to help children. You can ensure each child has a great experience in organized sports by learning the skills necessary for successful coaching through the National Youth Sports Coaches Association (NYSCA).

All coaches for Commerce City youth athletic programs complete NYSCA classes at the recreation center. These classes are provided free of charge for all volunteers. NYSCA teaches coaches how to ensure that each child participating in a sports program has fun, shows progress in the sport, and ultimately, wants to come out and play again.

If you are ready to be a youth sports coach or would like additional information please contact the Youth Sports Coordinator Josh Polgar at 303-289-3705.

COMMERCE CITY YOUTH SPORTS

**DEVELOP TEAMWORK
LEARN SPORTSMANSHIP
BUILD FRIENDSHIPS
GET ACTIVE!**



WINTER BREAK CAMPS & CLINICS

Stay active and elevate your game



Lacrosse Skills Clinic

Develop the fundamentals of lacrosse during this three-day mini-camp directed by Bill Lewandowski, a former collegiate athlete and coach at the University of Georgia. All participants receive a camp t-shirt. Camp is located at the Commerce City Recreation Center. Coach Bill and his staff will teach proper scooping, throwing, catching, cradling, and shooting techniques. Basic offensive and defensive concepts will be covered. Ages 8-12

Registration Deadline: 12/23

12/28-12/30 6-8 p.m. \$45/\$54

Basketball Shooting Camp

Get ready for the 2016 basketball season! Develop proper shooting techniques and the fundamentals of basketball during this three-day mini-camp directed by Tim Jones, former college standout and director of the Colorado Prospects Academy. Jones has worked with dozens of college and professional athletes throughout his career. Coach Jones and his staff will work with campers on shooting, footwork, ball handling, and defensive skills. All participants receive a camp t-shirt. Camp is located at the Commerce City Recreation Center.

Registration Deadline: 12/21

Grades 3-5	12/27-12/29	9 a.m.-Noon	\$45/\$54
Grades 6-8	12/27-12/29	1-4 p.m.	\$45/\$54

Registration Information

The parks and recreation department forms teams based on school boundaries; parents please be sure to register your child for the school he or she attends. Proof of address or enrolment verification may be required before start of season. We will do our best to form teams for each school and to have practices take place at these locations. If teams are unable to be formed at your particular school, we will combine schools/teams that are in close proximity.

Registrations received after teams are filled will be put on a waitlist. If enough players sign up before the registration deadline, we will do our best to form a new team from this list. After the registration deadline, waitlisted players may be added to a team if a player drops out before mid-season. Registrations and waitlisted players are on a first-come, first-serve basis.

During the season, teams use local schools' fields or gyms for practice. When there are conflicting uses, recreation staff will work to arrange an alternate location; however, practices may be canceled in rare cases.

City staff makes every effort to find coaches for each team. If unable to find a coach, a staff member will run the first practice with assistance from the players' parents. If a coach is not found prior to the first scheduled game, the team may be cancelled. This is always the last resort, so parents please help us find that perfect coach. If you know someone who is interested in coaching, please pass along contact information to Josh Polgar at 303-289-3705.

Officials, We Need You!

Commerce City is now looking for referees for the winter basketball season. Games are Saturday mornings at the Commerce City Recreation Center. A free clinic will be held prior to the season. This course is for the beginner, as well as the experienced official. The training will cover rules, mechanics, policies, and procedures. Lecture and court techniques will also be included. Please call Josh Polgar for more information at 303-289-3705.



WEATHER HOTLINE:
PLEASE CALL AFTER 5 P.M.
303-289-3757 OR VISIT
TEAMSIDELINE.COM/COMMERCECITY

Coming soon! Baseball registration opens in April.



BE A PART OF THE ACTION THIS SPRING

Youth sports emphasize teamwork and sportsmanship



Soccer Coed Division I: Kindergarten-Grade 1

This fun, beginner program introduces the basic skills and fundamentals of soccer, including dribbling, passing and shooting. This program meets once a week for practice (days and times determined by coach) and games are played on Saturday mornings at Dick's Sporting Goods Park.

Registration Deadline: 3/15

Before 3/15 \$45/\$54

After 3/15 \$55/\$64

Start Date: Week of 3/20 (8 weeks)

Soccer Coed Division II: Grades 2-3

Participants learn dribbling, passing, trapping and shooting in a fun game setting. This program meets once a week for practice (days and times determined by coach) and games are played on Saturday mornings at Dick's Sporting Goods Park.

Registration Deadline: 3/15

Before 3/15 \$50/\$60

After 3/15 \$60/\$72

Start Date: Week of 3/20 (8 weeks)

Soccer Coed Division III: Grades 4-5

This exciting and challenging program further develops the basic fundamentals of soccer skills, along with promoting teamwork and good sportsmanship. Goalkeepers are added to games and knowledge of playing offense and defense is developed. Teams meet twice a week for practice (days and times determined by coach) and games are played on Saturday mornings at Dick's Sporting Goods Park.

Registration Deadline: 3/15

Before 3/15 \$55/\$66

After 3/15 \$65/\$78

Start Date: Week of 3/20 (8 weeks)

Youth Volleyball

This exciting and challenging program develops the basic fundamentals of volleyball, along with promoting teamwork and sportsmanship. Participants meet twice a week for practice (days and times determined by coach) and tournaments are on Saturdays at various locations throughout the Denver metro area.

Registration Deadline: 3/15

Grade	Start date	Fee R/NR
Grades 3-5	Week of 3/20	\$50/\$60
Grades 6-8	Week of 3/20	\$50/\$60

Youth Lacrosse

Play lacrosse, the fastest growing sport in America. This fun and challenging program develops the basic fundamentals of lacrosse, along with promoting teamwork and sportsmanship. Participants meet twice a week for practice (days/times determined by coach) and games are held on Saturdays at various locations throughout the Denver metro area. Equipment NOT provided.

Registration Deadline: 3/8

Ages	Start date	Fee R/NR
6-8	Week of 3/13	\$50/\$60
8-10	Week of 3/13	\$50/\$60
10-12	Week of 3/13	\$50/\$60
12-14	Week of 3/13	\$50/\$60

Our Youth Sports Philosophy

Parents, keep in mind that all of the city's youth athletic programs are guided by the recreational philosophy. It is our objective to give children an opportunity to participate in youth sports and ensure a positive experience and an equal amount of playing time. Volunteer coaches teach children the basic skills and fundamentals of the sport in which they are participating in; however, a strong emphasis is made toward developing teamwork, sportsmanship, and most importantly having fun. We encourage coaches to communicate to the youngsters that success does not always involve winning a game and defeat does not necessarily equate with failure; a focus on dedication and hard-work from the child is often most important.

NOTE: We ask that children who participate in a competitive league for a particular sport refrain from participating in our recreational based program in that same sport. It is our goal to keep the level of play equal and fun for the recreational participant.

Find additional league information including schedules and directions at teamsideline.com/commercecity.

LOCAL YOUTH SPORTS PROVIDERS



Commerce City provides information on other sports programs in support of its mission of building a “Quality Community for a Lifetime.” These programs are not affiliated with Commerce City Parks and Recreation.

Commerce City Youth Athletics (CCYA)

This local nonprofit organization augments the city’s services, providing sports experiences to all interested youth with low-cost registration fees for tackle football, basketball, girls’ softball and cheerleading. CCYA’s mission is to teach children the importance of commitment, discipline and teamwork. Programs are designed to promote physical and mental health, as well as create pride in the community. For more information, visit www.leaguelineup.com/ccyaraiders or contact the specific sport director below. All equipment is provided by CCYA for use during season (must be returned at end of program).

Girls Softball (spring)

Ages 6-18
Registration: Feb.-Mar.
Season: Apr.-June
Director: Roger Comer, 303-210-5676

Raiders Tackle Football (fall)

Ages 6-14
Registration: July
Season: Aug.-Nov.
Director: Chuck Ingram, 303-286-7669

Boys and Girls Basketball (winter)

Grades 6-8
Registration: Nov.-Dec.
Season: Jan.-Mar.
Director: Chuck Ingram, 303-286-7669

Lady Raiders - Cheerleading Squad (fall)

Ages 5-14
Registration: July
Season: Aug.-Nov.
Director: Kim Carabajal, 720-421-3049
or ccyacheer@hotmail.com

Athletics Competitive Baseball

Ages 8-14
Registration: July
Season: Sept.-June
Director: Willis Waterhouse, 720-443-4487 or
ccathleticsbaseball@gmail.com

Adams City Wrestling Club

The ACWC provides opportunities for all youth to develop their wrestling skills to the highest level possible. Practices are held Monday through Thursday in the evening at Adams City High School and matches take place on weekends throughout the greater metro-Denver area. ACWC participates in the Western Suburban League.

Ages 4-14
Registration: Ongoing
Season: Nov.-Mar.
Director: Juan Ortiz at 303-525-0457 or email
AdamsCityWrestlingClub@aol.com

American Eagle Soccer Club (formerly Azteca)

This year-round program is for boys and girls ages 5-14. Teams practice twice a week at Dick’s Sporting Goods Park and games/tournaments are held on weekends throughout the greater metro-Denver area. Programs are held in the spring, summer and fall.

For more information call:
English: 720-451-0636
Spanish: 303-419-3256
Email: Luiss1018@icloud.com

Rocky Mountain ThunderHawks Football Association (fall)

Youth in grades 1-8 can play youth competitive tackle football. All coaches are USA Football Heads Up Certified. Teams practice three times per week in the Commerce City area. Games are played throughout the greater Denver metro area. Conditioning and fundamental camps are provided throughout the summer for all youth; even those in other leagues.

Director: Brian Carfield at 720-427-1515 or email
www.rmthunderhawks.org

Brighton Youth Baseball Association (BYBA) Competitive Baseball (spring & fall)

Four different levels of competitive baseball including Major, AAA, AA, and A. Games are played in Brighton, Commerce City, and the greater metro-Denver area.

Tournament Teams: BYBA offers tournament-only team options for the highest level of competitive play in the metro area. Tryouts take place in July and August.

Ages 7-14

For more information visit: www.brightonyouthbaseball.com or
Contact Gordon Lancaster at 720-273-7933.



PLAY BALL WITH SUMMER SPORTS LEAGUES



Adult Sports Leagues

Get your team together and send a representative to the appropriate organizational league meeting. New teams must pay league fees prior to the league meeting at the Commerce City Recreation Center. Call 303-289-3763 for more information. Ages 16 and older.

Individual Players List

Interested in playing a sport but don't have a team? Sign up on the individual player list; each registered team needing players is given a list of extra players to add to its roster. Call 303-289-3763 to be added to the individual signup. There is no guarantee you will be placed on a team.

Coed Summer Softball League

Get a team of five men and women together for adult coed softball league beginning in May. A team representative must attend the league meeting at the Commerce City Recreation Center on Wednesday, April 19 at 5:30 p.m. Games are played at Pioneer Park.

Wed 5/10-7/19
D-Rec \$470/\$500 (10 Games)

Men's Summer Softball League

Get your game on with evening adult men's softball beginning in May. A team representative must attend the league meeting at the Commerce City Recreation Center on Thursday, April 20 at 5:30 p.m. Games are played at Pioneer Park.

Tue 5/9-7/18
D-Rec \$470/\$500 (10 Games)

Thur 5/11-7/20
Industrial \$470/\$500 (10 Games)
(D-Rec)

Private Racquetball Lessons

Get one-on-one instruction in racquetball to improve technique and power. Call 303-289-3763 to schedule a private lesson with instructor Matt Mares.

1 Lesson \$27/\$30
3 Lessons \$60/\$64

ADULT SPORTS LEAGUES

SPORTS LEAGUE	INFO AVAILABLE	LEAGUE BEGINS	LEAGUE ENDS
Summer Softball	March	April	July
Fall Softball	July	August	October

Athletic facility rentals

An athletic facility may be rented by individuals or by a group hosting a tournament, game or practice. To reserve a facility, call 303-289-3763.

Fairfax Park, 6850 Fairfax St.

Three multi-purpose baseball/softball fields (Game or practice fields).

Fronterra Park, 10020 Joplin St.

Three multipurpose football/soccer fields (Practice fields).

Monaco Park, 5790 Monaco St.

Two outdoor and volleyball sand courts with lights.

Municipal Services Center, 8602 Rosemary St.

Two multi-purpose football/soccer fields (Game fields).

Pioneer Park, 5902 Holly St.

Four multi-purpose baseball/softball fields with lights (Game fields, with limited practices) (batting cages on site).

River Run Park, 11515 Oswego St.

Two multipurpose football/soccer fields (Practice fields).

Turnberry Park, 10725 Wheeling St.

Three multipurpose football/soccer fields (Practice fields).

Villages East Park, 11698 Chambers Rd.

One multipurpose baseball/softball field (Practice field).

Batting cages

The Batting Cages at Pioneer Park, 5902 Holly St., open for the 2017 season on Saturday, April 1. Batting cages are open weather permitting (minimum 45 degrees and dry conditions). For information on the batting cages, please call 303-289-3763 or visit c3gov.com/recreation.

Two tennis courts are available for public use after school hours and on weekends.

Please note that school programs have the first priority use of the courts.

- Adams City High School, 7200 Quebec Pkwy.
- Prairie View High School, 12909 E. 120th Ave, Henderson, CO 80640