

## Tower Road widening work picks up steam

**Complete closure designed to speed up construction**

The Tower Road widening project is scheduled to make significant progress in the coming months as key improvements take place between E. 104th Avenue and Peña Boulevard. In order to speed up construction and reduce safety hazards for Tower Road users and work crews, the stretch between E. 96th and E. 88th avenues will fully close to traffic beginning this month. This closure is expected to last into 2017.

To bypass the closure, Tower Road drivers will be detoured west onto Buckley Road using E. 96th and E. 88th avenues to connect with Tower. This detour route involves temporarily re-opening a stretch of Buckley Road that was shut down with the opening of the E. 96th Avenue extension last year. A signal will be in place at the intersection of E. 96th Avenue and Buckley Road to manage increased volume and vehicle turns.

While complete closures were not initially planned for the project, the prospect of completing construction faster and providing a safer travel alternative led to the updated strategy. The city appreciates the patience of drivers affected by delays and detours as conditions change continually during construction.

### More about the project:

The Tower Road widening project is one of five projects in Commerce City's voter-approved capital improvement program. The project will widen Tower Road to two full lanes in each direction, provide a dedicated 10-foot-wide, multi-use pathway on the west side of the roadway and a 6-foot-wide sidewalk on the east side. It is designed to increase vehicle capacity, improve safety and drainage. The Tower Road project is scheduled to be completed in late 2017.

### Other improvements include:

- Acceleration, deceleration and turn lanes
- Street lighting
- Traffic signals at E. 81st, E. 88th and E. 96th avenues
- Culvert crossing with provisions for a trail underpass at Second Creek
- Detention and water quality ponds
- Raised and landscaped medians
- Undergrounding of overhead electric lines

To learn more and watch the Tower Road video, please visit [c3gov.com/Tower](http://c3gov.com/Tower). For questions, please call the Commerce City hotline at 303-C3-WORKS.



Local families immediately started enjoying the new Turnberry Park at a grand opening event on August 15. Turnberry is the second of three neighborhood parks completed through Commerce City's voter-approved capital improvement program. Villages East Park will soon open in the Villages at Buffalo Run.

## C3 Construction Safety Tips

With several long-term construction projects either underway or about to begin around Commerce City, keep these tips in mind to ensure everyone stays safe:

- Always be aware of your surroundings
- Drive, bike and walk slowly in construction areas
- Pay attention to signs and construction flaggers
- Give yourself enough time to get through traffic and detours
- Don't be distracted by talking, texting, music or games
- Never play on or around construction equipment
- Stay out of fenced areas
- Don't go near construction areas after dark when holes and sharp objects aren't visible
- Call 911 in the case of an emergency
- Follow construction updates at [c3gov.com/QCL](http://c3gov.com/QCL). Call 303-C3-WORKS with questions
- Try to stay patient. Delays and detours are frustrating, but this short-term pain will create long-term gain for the community

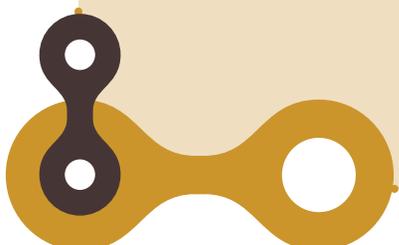
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# NEWS BRIEFS

## Commerce City Police granted voluntary DOJ review

The Department of Justice, Office of Community Oriented Policing Services (COPS Office) announced the launch of an independent and comprehensive review of the Commerce City Police Department last month. Commerce City requested assistance in July as part of the police department's overall reform efforts to earn and uphold the public's trust.

The voluntary program is an opportunity for the COPS Office to objectively assess policing in Commerce City and address issues through a strategic, multi-year process that will examine a range of areas within the department. Two notable reform efforts implemented this year include body worn cameras for every officer in the field and a citizen advisory board for public safety.

**Community listening sessions with the COPS Office are scheduled from 6 to 8 p.m. on September 13 at Stuart Middle School (15955 E. 101st Way) and September 14 at Adams City High School (7200 Quebec Pkwy).**

## Pavement repairs shift into high gear this month

September marks the start of numerous road construction projects through the city's annual pavement maintenance program. Using a rotating cycle to repair streets in different parts of the city each year, the program mostly addresses residential neighborhoods and arterial streets in the northwest part of the city in 2016.

**Streets in the following residential neighborhoods will receive a resurfacing treatment known as "slurry seal" between mid-September and mid-October:**

- Belle Creek
- Dunes Park
- Eagle Creek
- Stillwater
- River Oaks
- River Run (cul-de-sacs only)

Residents of these neighborhoods will receive a mailed letter with more information about expected impacts. Door hangers will be distributed to homes within 24-48 hours of work starting on their specific street.

**Arterial roads being resurfaced in the coming months include:**

- E. 72nd Avenue between Highway 2 and Quebec Parkway
- E. 96th Avenue between I-76 and Alton Court
- E. 120th Avenue between I-76 and Buckley Road
- Fulton Street between E. 106th Avenue and E. 107th Place

Directly affected businesses along these corridors will also receive a mailed letter and electronic message boards will be placed along roadways to alert commuters of construction impacts.

For more information and a map of scheduled work, visit [c3gov.com/pavement](http://c3gov.com/pavement) or call the Commerce City Pavement Hotline at 303-289-8118.

## 9Health Fair seeking volunteers

The largest family health fair in Colorado is back in Commerce City again in 2016! Offering more than 25 low-cost and free health screenings for local families, this year's 9Health Fair is looking for volunteers to assist from 6 a.m. to noon on Saturday, November 12 at Adams City High School. The event runs from 7 a.m. to noon.

Volunteers are vital to the success of the 9Health Fair. Various opportunities are available, including registration, translation, directing attendees to screenings and more. Some positions require specific skills, but many others can be filled by anyone. Bilingual volunteers are especially helpful for this event.

Register online at [www.9healthfair.org](http://www.9healthfair.org). For questions about the fair or about volunteering, contact Glenys Trost at 303-289-3728 or [gtrost@c3gov.com](mailto:gtrost@c3gov.com).

# Open house for Highway 2 widening project September 28

Work on the highly anticipated Highway 2 widening project is expected to begin soon. Join us for a pre-construction open house on Wednesday, September 28 from 5 to 7 p.m. at the Lester Arnold High School gymnasium (6500 E. 72nd Ave.). The project team will be available to discuss plans for the project and answer questions.

The Highway 2 widening project includes expanding Highway 2 from two to four lanes between E. 72nd Avenue and Interstate 76. The project will improve traffic safety, increase vehicle capacity, and better accommodate pedestrians and bicyclists along the roadway. Flatiron Construction is the contractor and HDR, Inc. is the designer for the project.

### Additional project elements:

- Raised and landscaped median
- Multi-use trail adjacent to roadway (north of Quebec Street)
- Bike lane (south of Quebec Street)
- New sidewalks
- Improved drainage below roadway at railroad crossing at First Creek
- In-pavement lighting reflectors

A groundbreaking ceremony is currently being planned for October. Watch for date, time and location information to be announced soon.

For more information on the Highway 2 widening project, visit [www.c3gov.com/highway2](http://www.c3gov.com/highway2). If you have questions, call and leave a message at 303-C3-WORKS (303-239-6757).



Commerce City police offered free repairs and safety tips to help kids get their bikes ready for back-to-school at the August 11 Neighborhood Outreach event at Pioneer Park.

# STAY IN-THE-KNOW

City Council adopts laws, ordinances, resolutions and rules consistent with the city charter. There is no meeting on Monday, September 5 due to the Labor Day holiday. Some upcoming meeting topics include:

- Resolution to approve a city request to annex a portion of city owned property near the future Second Creek Park site.
- Ordinances to allow ice cream truck vendors back into the city, for the issuance of bonds related to voter-approved capital program funding, and a land code amendment to remove the park impact fee from non-residential developments.
- Public hearings regarding the rezoning of property located north of E. 112th Avenue between Potomac Street and Chambers Road, and the development plan for the Crown Enterprises, Inc. property located south of E. 104th Avenue and Highway 2.

Agendas are frequently updated and subject to change, so be sure to check online for the most recent council agenda at [c3gov.com/council](http://c3gov.com/council). Council meetings, both regular meetings (first and third Monday nights) and study sessions (second and fourth Monday nights) are open to the public, although public comment is only taken during regular meetings.

## COMMERCE CITY COUNCIL MEMBERS



**Mayor Sean Ford**  
Cell: 303-720-9106  
[sford@c3gov.com](mailto:sford@c3gov.com)  
Term expires 2019



**Mayor ProTem René Bullock**  
Cell: 303-880-6559  
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Term expires 2017



**Ward I Andrew Amador**  
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Term expires 2017



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Term expires 2019



**Council At-Large Jason McEldowney**  
Cell: 303-808-9105  
[jmceldowney@c3gov.com](mailto:jmceldowney@c3gov.com)  
Term expires 2017

Come by the Civic Center, 7887 E. 60th Ave., or watch us live on Comcast Channel 8 or [www.c3gov.com](http://www.c3gov.com) on the first and third Monday night.

## Get to know Colorado's new rain barrel law

As of last month, Coloradans can legally collect runoff from their roof and downspout for a variety of outdoor uses. Long contended in the state legislature due to concerns over water rights, this practice was made legal when Colorado House Bill 16-1005 took effect on August 10. From watering lawns and gardens to washing windows and vehicles, the new law allows many different ways to recycle rainwater on your property.

Residents of single-family homes and multi-family dwellings (duplexes, townhomes, etc.) with four or fewer units can now place two above-ground rain barrels on their property to harvest a combined storage capacity of up to 110 gallons of precipitation at a time. Rain barrels should be attached to the downspout of your home's gutter system and must be sealable to reduce evaporation and avoid creating a breeding habitat for mosquitos and other pests. The collected water should only be used outdoors on the same property where it was collected. It is not considered potable for people or animals and cannot be used indoors.

Conservation Colorado projects that residential rain barrels could collect up to 1,200 gallons of water per year for a single household. Recycling that water could save residents money on their water bill and conserve resources needed to treat that water and get it to the faucet.

More information on Colorado's newly implemented rain barrel law is available online from the Colorado Division of Water Resources ([water.state.co.us](http://water.state.co.us)) or the Colorado State University Extension ([extension.colostate.edu](http://extension.colostate.edu)).

### **Remember: Keep it clean, because we're all downstream!**

Stormwater that runs off your property and into the storm sewer system flows untreated into local waterways. When that water contains pollutants like motor oil, fertilizer, pet waste, or even excess grass clippings, it can negatively impact fish and wildlife populations, healthy vegetation, recreational areas and even the drinking water supply.

#### **Here are a few tips to keep stormwater clean and avoid harming the environment:**

- Dispose of solid waste appropriately to keep trash, yard waste and debris out of street gutters
- Clean up spills and properly dispose of automotive fluids and other harmful substances rather than hosing them into the street
- Avoid overuse of chemical pesticides and fertilizers
- Purchase household detergents and cleaners that are low in phosphorous to reduce the amount of nutrients discharged into water sources
- Take advantage of the Tri-County Health Department's Household Chemical Roundup event on Saturday, September 17 (visit [tchd.org](http://tchd.org) for more information)

## Food trucks welcome in the city

### **Ice cream trucks may soon be allowed as well**

Despite a common misconception around town, licensed food trucks are allowed to operate here in Commerce City. City ordinances regulating the activity of mobile food vendors are comparable to those of other neighboring cities. The belief may stem from the city's decades-long ban of ice cream trucks on neighborhood streets. The two are actually managed differently however, as food trucks do business while parked in static locations (often on private property) and ice cream trucks operate on public streets.

As the city looks to encourage mobile vendors to bring the food truck trend to local residents, city council will hear proposed updates to current regulations managing both food trucks and ice cream trucks this month.

One change being considered by city council involves the repeal of a long-standing ordinance banning the sale of ice cream from vehicles on streets and other public rights-of-way in the city. A new proposal would allow the operation of ice cream trucks while requiring background checks for all operators, adherence to noise ordinances and clear markings on licensed vehicles. First presented in a public hearing at the August 1 council meeting, the new ordinance is scheduled for a council vote on September 19.

Minor updates to the "outdoor vendors" ordinance managing food trucks will also be presented to city council this month. Possible changes could involve lowering the mandated distance from private residences (currently 300 feet) and setting time limitations on hours of operation and long-term site uses.

Visit [c3gov.com/buslicense](http://c3gov.com/buslicense) for more information about obtaining a business license in Commerce City and go to [c3gov.com/codes](http://c3gov.com/codes) to review the city's municipal code.

## DEVELOPMENT CORNER

### **Commerce City is one of the fastest growing cities in Colorado**

Here are some of the new projects that were either under construction or near completion during the month of July:

- Ten-O-Line building improvements on E. 56th Avenue west of Monaco Street
- North Forest Office #500 at E. 104th Avenue and Potomac Street
- Prestige Preschool on E. 104th Avenue west of Chambers Road
- Walmart interior remodel at E. 60th Avenue and Dahlia Street
- SACFPD fire station on Rosemary Street and E. 86th Avenue
- North Forest Office #600B at E. 104th Avenue and Potomac Street

The city's monthly development report can be found online at [c3gov.com/devreport](http://c3gov.com/devreport). By selecting "Get City Alerts" on the website, you can sign up to receive the report directly to your inbox.

## CALENDAR

- Sep. 5 All city facilities closed in observance of Labor Day
- Sep. 6 Commerce City Recreation Center reopens from annual maintenance closure, 5:30 a.m.
- Sep. 6 Police Neighborhood Meeting, Alsup Elementary, 7101 Birch St., 6-7 p.m.
- Sep. 6 Planning Commission, Civic Center, 7887 E. 60th Ave., 6-9 p.m.
- Sep. 10 Middle School Madness, Recreation Center, 6060 E. Parkway Dr., 7-10 p.m.
- Sep. 12 City Council Study Session, Civic Center, 7887 E. 60th Ave., 6-10 p.m.
- Sep. 13 Board of Adjustment, Civic Center, 7887 E. 60th Ave., 5:30-8:30 p.m.
- Sep. 13 Dept. of Justice Community Listening Session, Stuart Middle School, 15955 E. 101st Way, 6-8 p.m.
- Sep. 14 Dept. of Justice Community Listening Session, Adams City High School, 7200 Quebec Pkwy, 6-8 p.m.
- Sep. 14 Teen Night Around Town (ages 11-17), Monaco Park, 5790 Monaco St., 5-7:30 p.m.
- Sep. 14 CIP CAC Regular Meeting, Civic Center, 7887 E. 60th Ave., 6-7:30 p.m.
- Sep. 14 Police Neighborhood Meeting, Recreation Center, 6060 E. Parkway Dr., 6-7 p.m.
- Sep. 15 Police Neighborhood Meeting, Belle Creek Rec Center, 10693 Belle Creek Blvd., 6-7 p.m.
- Sep. 15 Police Neighborhood Meeting, Stuart Middle School, 15955 E. 101st Way, 6-7 p.m.
- Sep. 15 Youth Commission meeting, Civic Center, 7887 E. 60th Ave., 6:30-8 p.m.
- Sep. 16 Cops vs. Kids – Human Foosball, Fronterra Park, 10020 Joplin St., 4 p.m.
- Sep. 17 Zombie Survival 101, Recreation Center, 6060 E. Parkway Dr., 9 a.m. – 3 p.m.
- Sep. 17 Horseback Riding, meet at Recreation Center, 6060 E. Parkway Dr., 9 a.m. – 2 p.m.
- Sep. 17 Tri-County Health Department Household Chemical Roundup, 12450 Washington St. (Thornton), 9 a.m. – 3 p.m.
- Sep. 19 City Council Regular Meeting, Civic Center, 7887 E. 60th Ave., 6-10 p.m.
- Sep. 20 Derby Review Board, Civic Center, 7887 E. 60th Ave., 5:30-8 p.m.
- Sep. 20 Quality Community Foundation meeting, Civic Center, 7887 E. 60th Ave., 6-7:30 p.m.
- Sep. 24 Zombie Survival 101, Recreation Center, 6060 E. Parkway Dr., 9 a.m. – 3 p.m.
- Sep. 26 City Council Study Session, Civic Center, 7887 E. 60th Ave., 6-10 p.m.
- Sep. 28 Highway 2 Widening Project Open House, Lester Arnold High School, 6500 E. 72nd Ave., 5-7 p.m.
- Sep. 28 Teen Night Around Town (ages 11-17), Rose Hill Grange Park, 4051 E. 68th Ave., 5-7:30 p.m.
- Oct. 1 Zombie Survival 101, Recreation Center, 6060 E. Parkway Dr., 9 a.m. – 3 p.m.
- Oct. 1 Horseback Riding, meet at Recreation Center, 6060 E. Parkway Dr., 9 a.m. – 2 p.m.
- Oct. 3 City Council Regular Meeting, Civic Center, 7887 E. 60th Ave., 6-10 p.m.
- Oct. 4 Police Neighborhood Meeting, Alsup Elementary, 7101 Birch St., 6-7 p.m.
- Oct. 4 Planning Commission, Civic Center, 7887 E. 60th Ave., 6-9 p.m.
- Oct. 6 Youth Commission meeting, Civic Center, 7887 E. 60th Ave., 6:30-8 p.m.
- Oct. 7 Cops vs. Kids – Flag Football (ages 9-17), TBD location, 4-6:30 p.m.
- Oct. 8 Zombie Survival 101, Recreation Center, 6060 E. Parkway Dr., 9 a.m. – 3 p.m.
- Oct. 8 Horseback, Meet at recreation center, 6060 E. Parkway Dr., 9 a.m. – 2 p.m.
- Oct. 8 Middle School Madness, Recreation Center, 6060 E. Parkway Dr., 7-10 p.m.
- Oct. 10 City Council Study Session, Civic Center, 7887 E. 60th Ave., 6-10 p.m.

## Watch for critters on the move

With more than 840 acres of open space, the city is home to many types of wildlife including raccoons, rattlesnakes, skunks, prairie dogs, coyotes, and more. Whether you are in an open space or your own back yard, the local outdoors can be enjoyed safely with a few simple precautions. These include being aware of your surroundings, leaving wildlife alone and keeping a safe distance during encounters.

Although Commerce City and Adams County do not have the resources to properly remove wildlife from residential or commercial properties, professional resources specializing in pest and wildlife management are available to assist residents with this issue. The city recommends searching online to find these services.

### Keep wildlife in the wild:

- Do not leave food out in the yard for animals
- Secure trash bins and lids at night
- Stay on trails and paths when out
- Use a loud voice and wave your arms to appear bigger to the animal
- Do NOT touch or attempt to touch any live wild animal or carcass

Some wildlife, such as prairie dogs, carry diseases. Avoid contracting illnesses from wildlife by not handling them, keeping pets away and not feeding them. Report sick wildlife to the Centers for Disease Control and Prevention at [cdc.gov](http://cdc.gov) or call 1-800-222-1222 for the American Association of Poison Control Centers ([aapcc.org](http://aapcc.org)).

## ADAMS COUNTY HOUSEHOLD CHEMICAL ROUNDUP

Saturday, September 17, 2016 – 9:00 am - 3:00 pm  
Thornton IMC Facility - 12450 Washington Street

Bring unwanted antifreeze, oil, pesticides  
and other household chemicals to safely dispose and recycle!  
**ELECTRONICS ARE NO LONGER ACCEPTED AT HCR EVENTS**

Sponsored by Adams County, City of Brighton, Commerce City, Federal Heights, and Thornton  
Please bring a proof of residency such as a driver's license or utility bill and \$25 per vehicle




Thornton IMC Facility  
12450 Washington Street  
Thornton, CO 80233








**We WILL Accept:**

- ✓ House and garden chemicals
- ✓ Automotive fluids, fuels
- ✓ Fluorescent light bulbs and CFLs
- ✓ Scrap metal
- ✓ Propane tanks (1-20 lbs.)
- ✓ Vehicle and household batteries
- ✓ Items containing mercury
- ✓ Car and pickup truck tires, off rim
- ✓ Oil-based paint and paint products

**We CANNOT Accept:**

**Electronic Waste**

- ✗ Business and commercial waste
- ✗ Radioactive waste
- ✗ Explosive waste
- ✗ Smoke detectors
- ✗ Waste containing asbestos
- ✗ Compressed gasses other than propane
- ✗ Tractor tires
- ✗ Sharps or medical waste

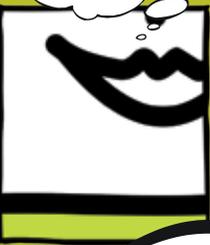
Effective July 1, 2015, a Paint Stewardship Program was introduced into the State of Colorado. Visit [www.paintcare.org](http://www.paintcare.org) for details about drop-off locations and acceptable items.

<http://www.tchd.org/250/Home-Chemical-Waste> • 720-200-1592

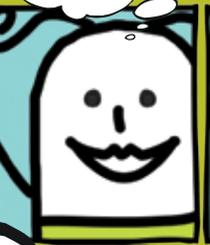
I am the future of  
Commerce City.



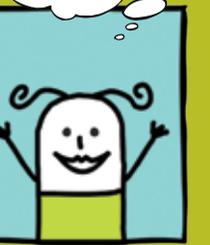
My voice matters



I inspire a better  
community.



Come lead with me!



## Be the voice of Commerce City youth!

Serving on the commission is a unique leadership opportunity for youth. The youth commission is an advisory body to City Council on issues affecting youth in Commerce City. During their term, commissioners will work on a youth master plan, attend conferences and trainings, implement projects that benefit the community, and create lifelong bonds with youth across the city.

APPLICATIONS DUE SEPTEMBER 16, 2016

Visit [c3gov.com/youth](http://c3gov.com/youth) for more information  
or contact Daniela Villarreal at [dvillarreal@c3gov.com](mailto:dvillarreal@c3gov.com)  
or 303-227-8832.





### Find us on Facebook

“Like” the official Commerce City Facebook page or specific pages for Buffalo Run Golf Course and our Parks & Recreation Teen programs to keep tabs on everything happening around town!

Facebook.com/CommerceCity  
Facebook.com/BuffaloRunGolf  
Facebook.com/epicprograms

## COUNCIL CORNER



*Jason McEldowney*  
Council At-Large

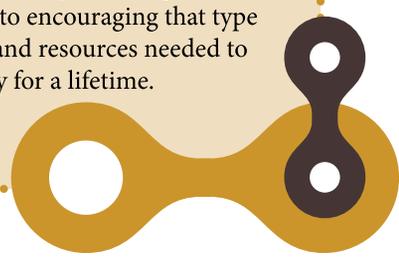
### *The Importance of Economic Development*

The unprecedented growth we are experiencing in Commerce City provides both exciting new opportunities and important challenges to address. One of the biggest priority areas for city council as we move toward 2017 is the economic development opportunities that come with population growth. Attracting new businesses to locate here, growing existing businesses and encouraging start-ups are crucial aspects to making sure the city grows in the right way.

We're expecting around 500 new homes to be built in Commerce City in 2017, which should amount to around 3,000 new residents. Those numbers are important, because adding to our residential base is the best way to attract more interest from the restaurants and other recognizable retailers that our residents want. We're seeing continued growth along the E. 104th Avenue corridor, with talk of new businesses seeming to emerge each month. The E. 120th Avenue corridor is also seeing commercial interest, and the stretch of Tower Road being improved through the widening project is becoming a target business destination near the airport.

Along with residential growth, job growth also provides a key boost to the local economy. This could include large, primary employers looking to open new facilities along Tower Road, existing business adding to their local workforce or smaller incubator businesses opening in areas like the North Forest office plaza at E. 104th Avenue and Potomac Street. More jobs in our city are a huge element to building a healthy economy, and we are committed to encouraging that type of growth. Economic development provides the tools and resources needed to continue making Commerce City a quality community for a lifetime.

We continually look for ways to improve communication with the community and enjoy hearing what you would like to see. Contact Commerce City Connected Editor Travis Huntington at [thuntington@c3gov.com](mailto:thuntington@c3gov.com) or 303-227-8775 with questions or comments.





## NFL Punt, Pass & Kick Competition

This event is a football competition that allows youth to showcase their talents in punting, passing and placekicking. Scores are based on distance and accuracy. Top scorers from each age group advance to a sectional competition in October, with top sectional scorers from each age group advancing to the state championship in November. Nationals are held during an NFL game in January. The competition is open to youth ages 6-15 (age as of Dec. 31, 2016) and birth certificates are required for participation.

Tue 9/6 FREE Ingram Field at Pioneer Park 6 p.m.  
 Registration is held the day of the event. Arrive 30 minutes prior to start time.  
 For additional information, contact Josh Polgar, youth sports coordinator at 303-289-3705.

## PARKS & REC HAPPENINGS

### Commerce City Recreation Center

6060 E. Parkway Dr.  
 303-289-3760  
[c3gov.com/recreation](http://c3gov.com/recreation)

### Buffalo Run Golf Course

15700 E. 112th Ave.  
 303-289-1500  
[buffalorungolfcourse.com](http://buffalorungolfcourse.com)



*Congratulations to the Buffalo Run PGA Junior League team for golfers ages 9-13, which went undefeated in the 2016 season!*

## Online swimming lessons registration opens for residents Monday, September 12

Commerce City residents can register online starting September 12. All other registrations (including nonresident, walk-in, and phone) begin on September 13. Due to the popularity of the program, classes fill up quickly. Please add your child to the waitlist if the class you choose is full and we will do our best to accommodate you.

## Middle School Madness

Check out the recreation center on the second Saturday of every month for video games, pool, sports, music and dancing for youth in grades 6-8.

Sat 9/10 \$2 per person Commerce City Recreation Center 7-10 p.m.

## Cops vs. Kids

Get to know your local police officers by taking them on in a friendly sports game. Open to youth ages 9-17.

9/16 Human Foosball at Fronterra Park FREE Check-in at 4 p.m.

## Teen Nights Around Town for ages 11-17

Enjoy an outdoor party at your local park with inflatables, games, sports and food.

9/14 FREE Monaco Park 5-7:30 p.m.  
 9/28 FREE Rose Hill Grange Park 5-7:30 p.m.

## Zombie Survival 101

Youth ages 11-17 can learn basic wilderness survival skills with a zombie twist! This is the prerequisite class for the 2017 summer backpacking trip.

Saturdays 9/17-10/22 Meet at the recreation center 9 a.m.-3 p.m.  
 7801.303 \$30/\$45



## Giddy up for horseback riding

Meet at the recreation center and travel to Longview Stables in Aurora to learn about horse safety, care, grooming and responsibilities.

Saturdays 9 a.m.-2 p.m. \$60/\$70  
 9/17-10/22 Ages 9-11 (NEW class for younger ages) 7801.301  
 11/5-12/17 Ages 12-17 7801.302

## Get fit for fall with personal training

Achieve your fitness goals with workouts specifically designed for your needs from a nationally certified personal trainer. Save \$10 when you book a 3-session package at the recreation center during the month of September. (Purchase must be made during the month of September. Sessions expire six months from purchase date.) For more information about booking a personal training session, call 303-289-3762.

### ONE-HOUR TRAINING FOR THE INDIVIDUAL

3-session package \$89/\$104 (Price reflects discount)  
 6-session package \$186/\$201  
 10-session package \$290/\$305

## The Commerce City Recreation Center is closed for summer maintenance until September 6.

## Fall Preschool Now Enrolling



Small class size: two instructors and maximum of 15 children  
 State-licensed program • continuous, school-year program

## Kinder Kids Preschool

Kinder Kids introduces children to the fundamentals of reading, writing and science while helping them build social skills through exciting activities that include art, music, movement, dramatic play and storytelling. Children must be 4 years old by Oct. 1, 2016 to participate.

\$135/\$150 is due at time of registration. This is a non-refundable fee that is applied to September's tuition.

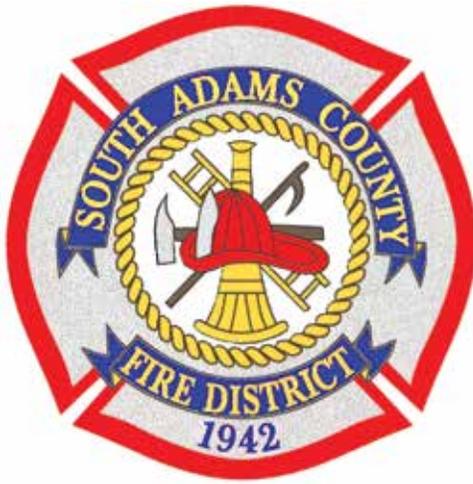
**Ages: 4-5**  
**Monday-Thursday 9:30 a.m. - Noon**

Download an enrollment packet now at [c3gov.com/preschool](http://c3gov.com/preschool)

[WWW.C3GOV.COM/PRESCHOOL](http://WWW.C3GOV.COM/PRESCHOOL)

303-289-3659





# South Adams County Fire Protection District

6550 E. 72nd Ave., Commerce City, CO 80022 • 303.288.0835

## Fire safety tip of the month

### Lightning safety

Thunder and lightning storms happen all the time. Know what to do to keep you and your family safe when storms strike.

#### Outdoor Safety

- If you can hear thunder, you are within striking distance of lightning. Look for shelter inside a home, large building, or a hard-topped vehicle right away.
- Do not go under trees for shelter. There is no place outside that is safe during a thunderstorm.
- Wait at least 30 minutes after hearing the last clap of thunder before leaving your shelter.
- Stay away from windows and doors. Stay off porches.
- There is no safe place outside. Places with only a roof on sports fields, golf courses, and picnic areas are not safe during a lightning storm. Small sheds should not be used.
- If a person is struck by lightning, call 9-1-1. Get medical help right away.

#### Indoor Safety

- Turn off computers. Stay off corded phones, computers, and other things that put you in direct contact with electricity or plumbing. You **can use** a cell or cordless phone.
- Do not wash your hands, bathe, shower, do laundry, or wash dishes.

#### FAST FACT

Lightning may strike as far as **10 miles** from any rain.



## Join us September 10 for a Spaghetti Dinner Fundraiser

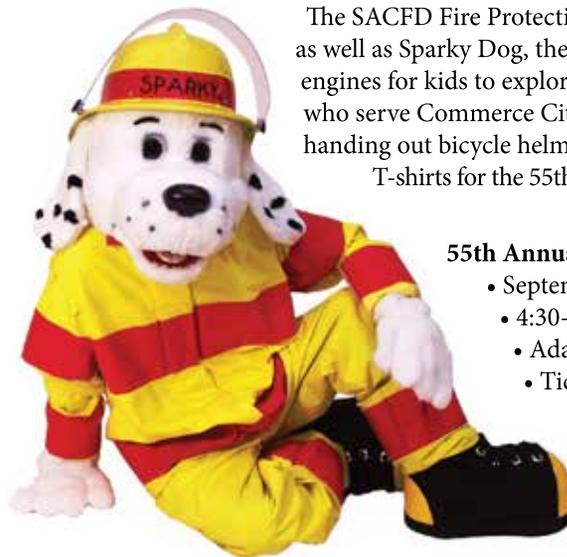
This year marks the 55th Annual South Adams County Fire Department Spaghetti Dinner. It is our largest fundraiser of the year with all proceeds going to the South Adams County Fire Fighters Association, our nonprofit charitable organization. The SACFD Spaghetti Dinner serves approximately 4,500 citizens from within our community each year.

Funds raised by the South Adams County Fire Fighters Association support many important local causes. The money can go to firefighters, EMTs, and paramedics who are dealing with cancer (through the Steve Vincel Memorial Fund), support retired South Adams County firefighters, and provide support for the Commerce City Fraternal Order of Police through their Christmas community and Explorer programs. The organization has a college scholarship program for dependents of firefighters and is involved with charitable efforts such as Meals on Wheels, Project Healing Waters for veterans with PTSD, and the annual Landmark Academy 5K Run.

The SACFD has a long history within the community. This year we have opened the dinner to sponsorship from local businesses, some of which will have booths at the dinner or sponsored tables in the dining area.

The SACFD Fire Protection Bureau will have fire safety information and events for kids, as well as Sparky Dog, the NFPA fire safety mascot. The event will feature fire trucks and engines for kids to explore, and kids can meet the firefighters, paramedics, and EMTs who serve Commerce City. Northglenn Ambulance and North Suburban Hospital will be handing out bicycle helmets for children and teaching hands on CPR.

T-shirts for the 55th Annual SACFD Spaghetti Dinner will also be on sale to the public.



### 55th Annual SACFD Spaghetti Dinner

- September 10
- 4:30-8 p.m. (takeout available from 2:30-4:30 p.m.)
- Adams City High School, 7200 Quebec Parkway
- Tickets: \$6 (all you can eat)
- Children under 5 free when accompanied by an adult

### Purchase tickets online at [tickets.sacffa.org](http://tickets.sacffa.org)

(to redeem online tickets: bring receipt or photo ID matching the name of the purchaser)



## SACFD firefighters climb stairs for a cause

This September 11, members of the SACFD are participating in the 9/11 Memorial Stair Climb at the Ameristar Casino Resort in Black Hawk. Proceeds from the stair climb help the National Fallen Firefighters Foundation create and maintain programs that support fire service survivors, including the surviving families and co-workers of the 343 firefighters who made the ultimate sacrifice on September 11, 2001.

Nationwide, each 9/11 stair climb participant pays tribute to an FDNY firefighter by climbing or walking the equivalent of the 110 stories of the World Trade Center. The Black Hawk 9/11 Memorial Stair Climb is the highest stair climb in the world, taking place at 8,042 feet above sea level with participants gaining 192 feet as they climb 116 floors in four laps. The SACFD had the largest turnout out of any fire department that participated in last year's Ameristar Black Hawk Stair Climb.